

NEWSLETTER



Tyson Kaloa, Aukahi Nolan, Ke'ea Lum, and Kaleo Arnold celebrate victory at Lanikai Beach

Our Kids Rock!

On May 16th, the Healani Canoe Club youth program took part in the 14th Annual George Perry Memorial Race hosted by the Lanikai Canoe Club. Our kids from 9 to 18 years of age participated in long distance racing events. We had an extremely big turnout for this race, roughly about 75 kids took part during the day's events. The weather was beautiful, and you could not have asked for a better day of canoe racing. I wanted our kids to experience long distance canoe racing and wanted to gauge our competition for the upcoming regatta season. The girls and boys had a great day of racing, as was evident by the events they had either won or had placed 2nd or 3rd in their respective age groups. As a bonus, our girls 13's were featured on the June cover edition of Pacific Paddler Magazine. Race organizers and coaches from Lanikai Canoe Club expressed their gratitude for our participating in their race, but were impressed overall by our success that day. I want to say thank you for the coaches and parents who helped out throughout the day, and to the kids, "Great Job"!

Coach Mike Lum

ANNOUNCEMENTS

The next **Board Meeting** of the club will be on July 21, 2009, 6:30pm at Tita's office, Aloha State Sales, 2909 Ualena Street, Honolulu, which is just off of Lagoon Drive. The meetings are open to all Healani members, and we welcome your input.

Our **Club Banquet** will be held at Masa's on Friday, July 24, 2009, 5pm. Remember that the most coveted **Gumby Award** is given to the crew who performs the best skit. More details on time, location, and cost to follow. See additional details in this newsletter. Questions should be directed to **Meesh West**.

Board Member Elections will be held at our Club Banquet on July 24, 2009. If you are interested in running for an officer or board position with the club, see details in this newsletter.

Don't forget about our **Aloha Gas Fundraiser**. If you haven't yet signed up, go to <http://www.alohagas.com/OLCNA.asp?a=70>

and sign up now. You save 3 cents per gallon of gas you purchase and Healani gets 1 cent per gallon.



Healani Gold Medalists

Our goals at Healani Canoe Club include sharing the Hawaiian culture, making great friends, and of course becoming competitive paddlers. Although it's never only about winning, it is lots of fun to sail across the finish line in first place. We recognize the hard work and commitment to training of these athletes and congratulate our Gold Medal Winners!

Girls 12's

Jaycie Pontes
Napua Lum
Mapu Kahana
Nana Kahana
Taylor Goo Sun
Jordan Robinson

Girls 14's

Kalena Arnold
Brenna Efta
Dovelyn Kakalia
Cheyenne Caouette
Joeleen Ortaleza
Jess Pontes



Girls 15's

Shay Revuelto
Paoakalani Midro
Emily Kilthau
Kellie Mallari
Mariah Tandal
Kayla Hew Len

Novice B Men

Christophe Jackson
Eddy Song
Brad Centeno
Travis Morishige
Gary Atud
Kalei Rapoza

Junior Men

Kea Paiaina
Kai Ahsam
Pat Von
Joe Asuncion
Kyle Kennedy-Pocock
Shawn Finch



Long Distance Season

Long Distance Season is just around the corner. The first long distance race is held 2 weeks after the State Championships for Regatta Season. For those of you interested in challenging yourselves at races from 18 - 41 miles long, talk with **Tad Yamashita** and **Kea Paiaina**, who will be coaching our long distance crews for women and men, respectively.

Ho'olale Returns to Racing

Our 3 year endeavor to get all of Healani's 3 koa canoes back into racing finally came to a close on June 7, 2009, and enough thanks cannot be given to all of our members who came down to Hee'ia State Park to help work on Papalooa and Ho'olale. Special thanks go to **Uncle Bobby Puakea, Aunty Rosie, Deneen McNicoll, and Mark Kalahale** whose tireless efforts over the last 3 years made it all possible.



Papalooa, which returned to racing 2 years ago, was patched up and made racing worthy again. No changes were made to her design. Healani's board of directors wanted to remain true to Papalooa's original design which made her great for straight shot, flat water racing.

With Ho'olale, we wanted to do more. We have completely redesigned Ho'olale for open ocean racing. Uncle Bobby widened the hull, so the entire bottom of Ho'olale is new. We also remade Ho'olale's gunwales and manu. You probably guessed that we remade her manu, because Ho'olale's old manu mua is now our key rack and chalk board down at our practice site. We also made new seats for the canoe and placed the seats deeper in the canoe and at a slight tilt forward.

Some of Uncle Bobby's newer innovations are the built in canvas rails just below the gunwales and the extra paddle holder built into the manu hope. We still have a few improvements to make on Ho'olale before the first long distance race, but we are very happy to be racing her again during regatta season.

Blessing Ceremony for Ho'olale



Officers and Board of Directors Elections

Every year, Healani holds elections for our Officers and Board of Directors. Currently these positions hold one year terms. Those members elected to office in July will hold terms beginning on January 1, 2010 and ending on December 31, 2010. The position duties are as follows:

President: The President shall have general supervision over the business and affairs of the Club. He or she shall preside at all meetings of the members and directors, shall sign all contracts and other instruments in writing, and shall perform such duties as may be required by the By-laws or by resolution of the Board of Directors.

Vice President: The Vice President shall assume the duties of the President in his or her absence.

Secretary: The Secretary shall keep a complete record of all meetings of the Directors and members, give notice of all meetings, attend to the correspondence of the Club, and perform such other duties as may be required by the By-laws or by resolution of the Board of Directors.

Treasurer: The Treasurer shall have custody of all of the Club's funds, shall pay bills and be responsible for keeping accurate books and accounts and shall submit to the Board of Directors at each meeting (and to the members periodically) statements on the financial situation of the Club. He or she shall submit a written annual report to the members upon request and shall be responsible for the preparation and filing of all the required state and federal governmental reports and returns and perform such other duties as may be required by the By-laws or by resolution of the Board of Directors.

Directors: The Directors shall a) determine the general policies and conduct of the Club and shall be responsible for the management, control, and disposition of its affairs, property, and funds; b) appoint standing and other committees as needed; c) appoint other officers including but not limited to an Assistant Secretary and an Assistant Treasurer; d) sell the canoes which belong to the Club, but only by unanimous approval of the Board.

Elections: Friday July 24, 2009

This year's elections will be held on Friday July 24, 2009 at our Club Banquet. All Club members are eligible to vote, and all dues-paying Club members are eligible to run for office. If you are interested in running for an officer or director position, please send your statement of interest to info@gohealanigo.org with your name, position running for, headshot photo (if available), and your responses to the following questions:

- 1) Why do you want to run for this position?
- 2) What experience do you have that would enhance Healani Canoe Club?
- 3) What goals would you want to achieve over the next year?

We encourage all of you who want to make Healani a great canoe club to get involved in the leadership of the Club by running for office. If you have any questions, please feel free to speak with any of the current officers or directors.

Grant Writer Needed

Healani needs a grant writer! If you have experience writing grants or just happen to be a good researcher and writer, Healani



needs your expertise. We have a couple projects that need some serious funding. If you are able to offer your help in these endeavors, please talk to one of the board members.

Ho'olale gets waterlined.

July Birthdays!

Blaine Nakasone 7/1	Jarrett Kamana Makaimoku 7/19
Kayla Hew Len 7/2	Robin Nonaka 7/21
Jennifer Goodyear-Kaopua 7/6	Brent Labrador 7/21
Levi Mero 7/6	Lacy Solis 7/23
Catia Garell 7/7	Kaiona Revuelto 7/23
Sarah Correia 7/7	Jayson Nakakura 7/25
Pam Paiaina 7/8	Koa Webster 7/25
Pat Von 7/9	Abbie Holden 7/27
Kainoa Sandbrug 7/13	Jeanette O'Hara 7/27
Thomas Kelii 7/15	Stephen Cheng 7/28
Ekekela Philpot 7/15	Ka'ena Ewaliko 7/29
Julie Wu 7/17	Mark Kalahale 7/30
Amber Ah Yuen 7/18	Reid Nakaima 7/30
Bobbie Wright 7/19	Makaloa Yim 7/31

August Birthdays!

Herman Hose 8/1	Keaka Hew Len 8/13	Sherry Ching 8/26
Colin Wills 8/1	Brenna Efta 8/13	Destanie Alayon 8/26
Nikki Arnold 8/3	Kobe Fryer 8/14	Brandon Facchini 8/27
Miki'ala Ramler 8/6	Jennifer Graff 8/15	Lani Isherwood 8/29
Jeffrey Nam 8/6	Kalehiwa Na'auao 8/16	Margaret Lloyd 8/31
Meredith Velto 8/8	Tad Yamashita 8/18	
Cat Castello 8/8	Travis Morishige 8/19	
Kelii Ruth 8/8	Kalena Arnold 8/22	
Heather Gregory 8/9	Keaniani Roy 8/24	
Kapaa Nishimura 8/12	John O'Hara 8/25	
Kalae Araujo 8/13	Gavan Miyashita 8/25	

Board of Directors

Clement Paiaina, Jr.
President

Rose Lum
Vice President

Pam Paiaina
Treasurer

Celeste Paiaina
Secretary

Kea Paiaina
Head Coach

Directors

Lisa "Meesh" West

Mikiala Ramler

Naia Ahsam

Robin Nonaka

Ku'ulei "Tita" McGee

Kyle Kennedy-Pocock
Napali Woode

Committee Chairpersons

Kanikapila
Mikiala Ramler, Ta'i Fearon

Registration
Aunty Rosie

Club Day
Celeste Paiaina

Social Committee
Deneen McNicoll

Clement D. Paiaina
Regatta
Pam Paiaina

Communications
Napali Woode

Website
Cameron Ahana

Club Banquet
Meesh West

Club Banquet

This year's Club Banquet will be held at **Masa's Cafeteria, 910 Mapunapuna St.** The Banquet will be on **Friday July 24, 2009 from 5pm-11pm**. The Banquet is always lots of fun and a time for the entire club to get together outside of practices and races. It is also a time for crews to compete for the coveted **Gumby Award**, which is given to the crew who performs the best skit that evening.

Since we reduced membership dues this year, we will be charging members and guests to attend the banquet. **Cost for adults is \$25 and cost for kids is \$15.** Please RSVP to your coach or Meesh with payment by Sunday July 12th. Meesh will also be at the July 12th race to collect RSVPs from coaches and paddlers.

Hawaiian food is on the menu and remember that this is a BYOB event.

www.gohealanigo.org

Important Dates

July 21 - Healani Board Meeting

July 24 - Club Banquet at Masa's

July 24 - Election of Club Officers and Board of Directors

August 1 - State Championships in Hilo

August 9 - Club Meeting at Sand Island Practice Site: Vote on Amendments to Club Bylaws and site cleanup